



Starting School

Benefits to help you and your kids succeed.

The first day of school is a big milestone—not just for your child, but for you, too. This checklist shows you what you need to do and what resources you can use to get ready for school. Download it and keep it handy so you can check things off as you go.



Before the first day



GET THE RIGHT SHOTS



USE YOUR ASSOCIATE DISCOUNT CARD



VISIT THE ASSOCIATE DISCOUNT CENTER



GET HELP WITH LIFE'S CHALLENGES

Before the first day

GET THE RIGHT SHOTS

Make sure your child has the vaccinations they need in order to start school. No matter which plan you're enrolled in, many immunizations for children are 100% covered when you see a network doctor. You can also get vaccines in many Walmart and Sam's Club pharmacies.

- Learn all about vaccines: [cdc.gov/vaccines/schedules](https://www.cdc.gov/vaccines/schedules)
- Visit Grand Rounds for guidance about immunizations and help finding a pediatrician: One.Walmart.com/GrandRounds (In central Florida, Dallas/Fort Worth Texas, or northwest Arkansas use the [provider guide](#))
- Learn about getting your child immunized: Call your health care advisor at the number on the back of your plan ID card, or [find yours online](#)

USE YOUR ASSOCIATE DISCOUNT CARD

Save on everything for the first day of school and beyond with your Associate Discount Card. Sam's Club field associates can get a free membership to Sam's Club plus a 10% discount on fresh produce. Visit One.Walmart.com/DiscountCard.

VISIT THE ASSOCIATE DISCOUNT CENTER

Find deals on phone plans, car rentals, hotels and resorts, and more at the Associate Discount Center: One.Walmart.com/DiscountCenter.

GET HELP WITH LIFE'S CHALLENGES

Access free support, guidance, and practical tools anytime to deal with everyday challenges or more serious issues—24/7.

- Learn more: One.Walmart.com/Lyra
- Call: [800-825-3555](tel:800-825-3555)

BENEFITS IN DETAIL

See the [Associate Benefits Book](#) for additional information about your benefits and eligibility.

